

**TRAINING TODAY
FOR SOMEONE'S TOMORROW**



**Wilderness First Aid
and CPR Classes**



INSTRUCTORS

Saleena DeVore

A retired Firefighter/Paramedic with over 10 years of field experience. In addition, Saleena has experience in K9 Search and Rescue, Search management and Swift Water Rescue.

David DeVore

An active Firefighter/Paramedic in Maryland as well as a member of the Montgomery County Swift Water Rescue Team, and the National Medical response Team. You will benefit from his over ten years of experience.

TRAINING CENTER

About an hour drive from both Washington D.C. and Baltimore, MD the Training Center in Frederick, Maryland. is easily accessible. Located on 13 acres with 10 acres of wooded trails, it is the ideal location for our classes. Inside, the newly constructed classroom is an Energy Star rated facility. Information on nearby overnight accommodations is provided upon request.

Programs to Accommodate your group

In addition to our open classes at the Training Center we can host a class specifically for your group. If you prefer, we can come to you. All classes, excluding Wilderness First Aid, can be taught at your location. Contact us for information on class sizes and pricing.

YOUR RESOURCE FOR WILDERNESS FIRST AID AND CPR TRAINING

With over 20 years combined experience, the Emergency Response Training instructors will give students the skills to handle emergency situations. After taking our class you will feel confident and prepared, even when help may be more than an hour away.

Classes are taught through a combination of lectures, discussions and hands-on practical scenarios. Real life experiences shared by the instructors will personify the lessons. Whether its practicing CPR or treating a patient for injuries in the Wilderness these hands-on lessons will familiarize you with the procedures you will need to follow.

We offer classes geared to the diverse needs of people. From health care providers to boy scouts, our students gain practical hands-on knowledge that will benefit those people they come in contact with. We will show you how the items you already have can be used to provide help to an injured person. We give students the confidence to make difficult decisions that could save someone's life.

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BASIC WILDERNESS FIRST AID

A 16-hour, 2-day class certified through American Health and Safety Institute (ASHI) and American Heart Association (AHA). Students receive a CPR/AED/First Aid textbook and certification card valid for 2 years. All training and hands-on practical skills are done indoors.

Topics include:

- First Aid in an Urban and Wilderness Setting
- Traumatic Emergencies
- Bleeding Control
- CPR and AED
- Bleeding Control
- Environmental Emergencies
- Splinting
- First Aid Kits

WILDERNESS FIRST AID

A 20-hour, 2-day class certified through the Emergency Safety and Care Institute (ESCI). Students receive a waterproof field guide and certification card valid for two years. Hands-on practical skills are taught indoors and out.

Topics include:

- Moving and littering patients
- Detailed Patient assessment
- Insect/Snake Bites
- First Aid Kits
- Environmental Emergencies
- Bleeding Control
- Splinting
- Improvisation

Approved by the Boy Scouts of America for their high adventure courses.

CPR-AED-FIRST AID

AHA or ECSI CPR

Students receive a textbook and certification card valid for two years. Each student practices hands-on skills on their own manikin incorporating them into plausible scenarios.

AED

Classes teach people how to feel comfortable using the AED. Students are led through scenarios using the AED in conjunction with CPR.

AHA and ECSI First Aid

Topics include: Medical and Traumatic Emergencies, Use of an EPI-Pen, Burns, and Environmental.

www.onthetrailfirstaid.com

OUR STUDENTS ARE OUR BEST ADVERTISING

"I strongly recommend the Wilderness First Aid course to anyone who wants to be prepared for an emergency, not just in the wild, but anywhere. Saleena and Dave live and breathe this stuff and do a great job making sure you are equipped to handle any situation".

- Sean

"A lively, entertaining, yet professional course taught by people with experience and a passion for the outdoors."

- Nathan, BWFA



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